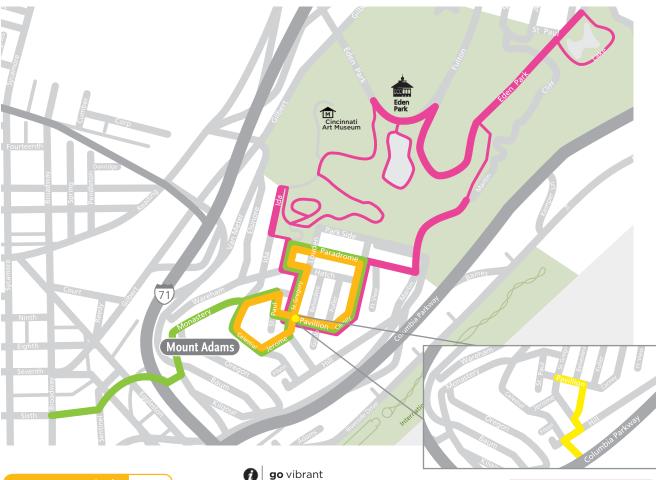


govibrant mt. adams



govibrant

walking/running routes in downtown cincinnati

www.govibrant.org

orange	1 mi	~20 mins
green	2 mi	~40 mins
pink	3 mi	~60 mins
yellow	.25 mi	~5 mins

is a non-for-profit partnership of 40+ organizations with a purpose of making an active, energetic lifestyle irresistible and a vision to make Cincinnati one of the top 10 healthiest cities by 2020. For more healthy tips and events, friend us at facebook.com/govibrant.

Friend us on Facebook for events and tips from govibrant. facebookcom/govibrant.

Check out our website for more healthy tips and work out videos. govibrant.org

Small steps can take you far...

govibrant mt. adams steps